



## OSHA - 30 Hour Construction Industry Outreach Training Program

### Course Description

This course covers thirty (30) hours of training, required by the Occupational Health and Safety Act (OSHA), that apply toward the 30-Hour Construction Industry course completion card. The course is comprised of 25 sections, each either one or two hours in length, and covers topics pertaining to regulations covered by Standard 29 CFR 1926. The successful completion of this course will help meet the Construction Industry standards established by OSHA.

### Learning Objectives

- ▶ Locate OSHA Standards references applicable to specific hazardous conditions and practices (introduction to OSHA standards)
- ▶ Recognize the aspects of 1926 Subpart C (General Safety & Health Provisions)
- ▶ Implement preventative measures for accidents in their workplace (Subpart D - Occupational Health & Environment Controls)
- ▶ Describe types of personal protective equipment (PPE), and the requirements for use in OSHA Standards (Subpart E - Personal Protective Equipment)
- ▶ Understand the requirements for fire protection in the workplace (Subpart F - Fire protection and Prevention)
- ▶ Identify types of rigging equipment used to protect employees (Subpart H - Rigging; Subpart N - Cranes and Rigging)
- ▶ Identify the critical health and safety hazards of welding and cutting in the construction industry (Subpart J - Welding and Cutting)
- ▶ Identify common electrical hazards and related OSHA standards (Subpart K - Electrical Standards)
- ▶ Understand the importance of scaffolding for workers in elevated workplaces (Subpart L - Scaffolding)
- ▶ Implement measures for protecting workers and equipment from dangerous falls (Subpart M - Fall Protection)
- ▶ Recognize the hazards associated with working in or around excavation sites (Subpart P - Excavations)
- ▶ Understand the safety requirements necessary to protect workers using explosives or blasting agents (Subpart T - Demolition)
- ▶ Protect workers who perform jobs on or around stairways or ladders at worksites (Subpart X - Stairways and Ladders)
- ▶ List and describe the hazards and prevalence of confined spaces



**Regulatory:** This course has been reviewed and accepted by OSHA. Upon completion of this course, you will receive a temporary printable certificate. In 4-6 weeks, you will receive a card from OSHA and the Department of Labor in the mail. Seat Time: This course has been approved for 30 hours of seat time.

**Additional Materials:** You will be sent a copy of OSHA Standards for Construction. The book will serve as an invaluable resource for referencing OSHA standards that have been covered in this course, as well as researching regulations or standards that could help in establishing a safer workplace.

**Testing:** At the end of each module, you will be given a 10 question module quiz. You must score at least 70% on each module quiz to move forward in the course. You will be given up to three opportunities to pass each module quiz. Failure to successfully pass the quiz will result in you not being able to take the course for a six - month period. Once you have successfully completed all of the modules, you must pass a final exam to receive full credit for the course. The exam is 25 questions long and will test your knowledge on information covered throughout the course. You must make a score of at least 70% to pass this course. You will be given up to three opportunities to pass the final exam; if you do not pass it after three tries, you will be locked out of this course and you will be required to purchase it again if you wish to complete it.

### Contact us at:

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